



February MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<p>Cereal (Coco Pops, Rice crispies)</p> <p>Toast (Jam, Butter)</p>	<p>Cereal (Coco Pops, Rice crispies)</p> <p>Muffins (Jam, Butter)</p>	<p>Cereal (Coco Pops, Rice crispies)</p> <p>crumpets (Spread)</p>	<p>Cereal (Coco Pops, Rice crispies)</p> <p>bagels (Spread)</p>	<p>Cereal (Coco Pops, Rice crispies)</p> <p>Toast - (Jam, Butter)</p>
Lunch	<p>Selection of Sandwiches (Tuna, Cheese, Cucumbers, chicken salad)</p> <p>Fresh Fruit</p>	<p>Pasta & Tomato Sauce Or Pasta and Cheese</p> <p>Ice cream</p>	<p>Chicken Nuggets & Fresh Salad Fresh fruit</p>	<p>Fish Fingers & Chips/ Peas Fresh fruit</p>	<p>Wraps & Salads Tin fruit</p>
Evening Snack	<p>Crackers /cheese a Fruit</p>	<p>Healthy biscuits Fruit</p>	<p>Nacho and dips Fruit</p>	<p>Chopped Carrots, Cucumber and Dips</p>	<p>Fruit Salad</p>

Meal Beverages: Water, Orange Juice / Apple Juice