



# Summer Menu 2020

Meal Beverages: Water, is served thorough the day (Week 1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 8.30am 9.30	<b>Cereal</b> (Rice Krispies Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Kipsies Cheerios & Kellogg's Krave
<b>Snacks</b> 10.30 am	Toast (choice of Jams) Butter	Scrambled eggs Toast	Crumpets (Spread)	Toast (choice of Jams) Butter	Bagels (Spread)
<b>Lunch</b> 12.30 1.30pm	Jacket Potatoes & Beans  Fresh fruit	Pizza fresh Salad	Pasta and Cheese & Vegetables Fresh fruit	Wraps with fresh salads & Carrots	Chips peas & Chicken nuggets veg on offer
<b>Evening Snack</b> 4.20 - 5pm	Crackers /Cheese a Fruit	Sandwich Fruit	Fresh fruit /Biscuits	Fruit cocktail / with biscuits	Fresh fruits & Sandwiches

*\*\* This is just a guided menu \*\**



# Summer Menu 2020

Meal Beverages: Water, is served thorough the day (Week 2)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast 8.30am 9.30	<b>Cereal</b> Rice Krispies, Cheerio & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave
Snacks 10.30 am	Toast Choice of Jam, Butter	Toast Choice of Jam, Butter	Muffins & Scrambled Eggs	Toast Choice of Jam Butter	Bagels & Spread
Lunch 12.30 1.30pm	Pasta & Sauce	Pizza & Salad	Boiled Potatoes Green peas & Quoin chicken Nuggets	Rice & Veg with Sauce	Chips, Fish fingers & Salad
Evening Snack 4.20 - 5pm	Crackers /Cheese Fresh Fruits	Biscuits Fresh Fruit	Bread Sticks Dips	Ice Cream & Cake	Fresh fruits & Sandwiches

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# Summer Menu 2020

Meal Beverages: Water, is served thorough the day (Week 3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> 8.30am 9.30	<b>Cereal</b> Rice Krispies Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies, Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Krispies Cheerios & Kellogg's Krave	<b>Cereal</b> Rice Kipsies Cheerios & Kellogg's Krave
<b>Snacks</b> 10.30 am	Toast Choice of Jam, Butter	Toast Choice of Jam, Butter	Muffins Jam, Butter	Scrambled eggs & Toast	Muffins & Jam
<b>Lunch</b> 12.30 1.30pm	Noodles & Fresh Fruits	Stir Fry Rice & Fresh Fruits	Cheese pie & Vegetables	Sandwiches & Fruits	Vegetable Hot Dogs Bun & Salad
<b>Evening Snack</b> 4.20 - 5pm	Crackers & Cheese	Biscuits & Fresh Fruits	Fruit Salad & Cake	Fresh Vegetable Slices Carrots Cereal & Dip	Fresh fruits & Sandwiches

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