

# Blue Bears Playscheme

## DAILY TASKS GUIDE



### Morning Session

- 8am Children arrive (*staff to sign children in*)
- 8am-9.15am Breakfast served hot & cold
- 9.20am Free play (Choice of activities on display)
- 9.30am Group Circle time, register (ice breaker games)
- 10.00am Discussion on health and Safety (at the Club)
- 10.15am Early morning light exercise stretching (for all)
- 10.30am Morning Snack
- 10.45am Sport games 7-10years
- 11.30am Sports games Younger Children 4-6 years
- 11.30am Free choice (scooters hula hoops skipping balls)

### Lunch 12.30 -1pm

### Afternoon Session

- 1.15pm Team games, quiz, scrabbles (supervised)
- 1.30pm Physical Sport games
- 2. 30pm Free Play /Outside Play
- 2.30pm Arts crafts & range of activities on display
- 3.15pm Outside games
- 4pm Snacks
- 4.15 Group games, computer games board games
- 5.45pm Tidy up
- 6pm (home time)

Visit to the Local Park will be part of our programme (Weather Permitted)