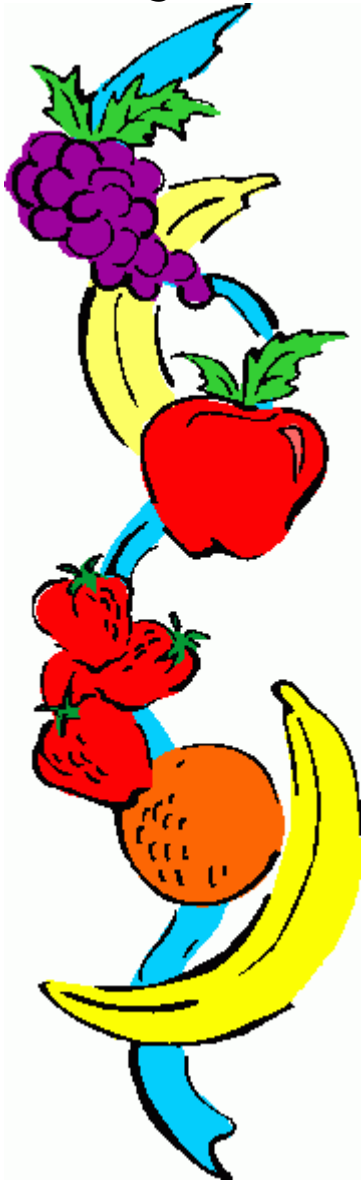


# Blue Bears Playscheme

## Half Term Lunch & Snack Menu

We do offer soup during the cold weather vegetable and tomatoes only (home Made) all food are nut free and vegetarian food is available



### Monday -Friday

#### Breakfast 8am-9pm

Cereals hot or Cold

#### Morning Snacks

Toast, pancakes, Fresh Fruits

#### Evening Snacks

Sandwiches, wraps, crackers

### Lunch

#### Monday

Pasta bake, with vegetables

Sponge cake

#### Tuesday

Rice, Quorn chicken nuggets and peas

Fresh fruit Salad

#### Wednesday

Noodles, chicken hotdogs

Cookies Biscuits

#### Thursday

Jacket potatoes & beans

Fresh fruit and ice cream

#### Friday

Chip's fish fingers and beans

Fresh fruits /or cake